

Name: _____ Date: _____

Bellringer: Hand-washing

Warm-up question:

"Wash your hands before you eat!" You've probably heard this many times. What are some other activities that you should wash your hands before or after doing?



How to Wash Your Hands

When listing the times you should wash your hands, did you include after a field or lab investigation? You often come in contact with toxic chemicals or bacteria during an investigation. You can easily contaminate food, drinks, and other objects with these chemicals or bacteria even after leaving the lab, so always wash your hands at the end of a lab session.

Hand-washing might seem like a simple task, but many people do it incorrectly. Follow the directions below to make sure you get your hands completely clean:

1. Rinse your hands with warm water.
2. Apply soap and work the soap into a lather.
3. Scrub your palms, the back of your hands, around your fingers, and under your nails for 30 seconds or longer.
4. Completely rinse your hands.
5. Use a clean towel to dry your hands and shut off the water.
6. If the towel is cloth, place it in a hamper to be laundered. If the towel is paper, place it in a recycling bin.



1. Why should you scrub your hands for 30 seconds or longer? _____

2. Why should you use the towel to turn the water off? _____
